

**An Integrated Worldview
That
Heals Wounds
And
Sets Captives Free**

By

Dr. Neil T. Anderson

Toward A Biblical Worldview

Learning Objective: To understand God, the “maker of heaven and earth and of all things visible and invisible,” in order to understand life from His perspective and live appropriately.

Spiritual

Humanity

Christ

Deity/deities

Natural

While we look not at the things which are seen, but at the things which are not seen; for the things which are seen are temporal, but the things which are not seen are eternal (2 Cor. 4:18).

A. Heaven

1. The abode of God
2. Steller heavens: embraces the universe (Ps. 19:1)
3. Atmospheric heaven (heavenlies): the spiritual realm surrounding earth

God “has blessed us with every spiritual blessing in the **heavenly places** in Christ Jesus”

Ephesians 1:3

The heavenly Father “raised Him (Jesus) from the dead and seated Him at His right hand in the **heavenly places**, far above all rule, and authority and power and dominion and every name, not only in this age but also in the one to come.”

Ephesians 1:20,21

Because of His great mercy and love our heavenly Father made us alive and “raised us up with Him (Jesus), and seated us with Him in the **heavenly places** in Christ Jesus.” Ephesians 2:4-6

“The manifold wisdom of God might now be made known through the church to the rulers and authorities in the **heavenly places**. This was in accordance with the eternal purpose which He carried out in Christ Jesus our Lord.”
Ephesians 3:10,11

“For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the **heavenly places**.”
Ephesians 6:12

B. Earth (John 12:31; 16:11)

“We know that we are of God, and that the whole world lies in the power of the evil one”
1 John 5:19

“The serpent of old who is called the devil and Satan, who deceives the whole world; he was thrown down to the earth, and his angels were thrown down with him”
Revelations 12:9

“I do not ask you to take them out of this world, even as I am not of this world, but to keep them from the evil one.”
John 17:15

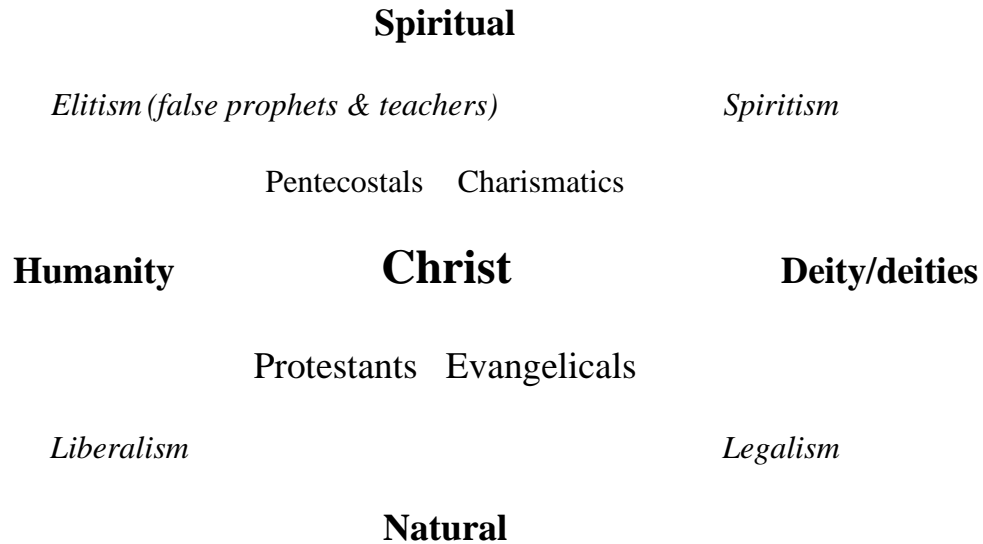
C. “Mystery” Revealed (1 Cor. 2:6-8)

“Yet we do speak wisdom among those who are mature; a wisdom, however, not of this age nor of the rulers (*archontes*) of this age who are passing away (*katargeo*, i.e. destroyed or abolished; see 15:24); but we speak God’s wisdom in a mystery, the hidden wisdom, which God predestined before the ages to our glory; the wisdom which none of the rulers of this age has understood; for if they had understood it they would not have crucified the Lord of glory.”

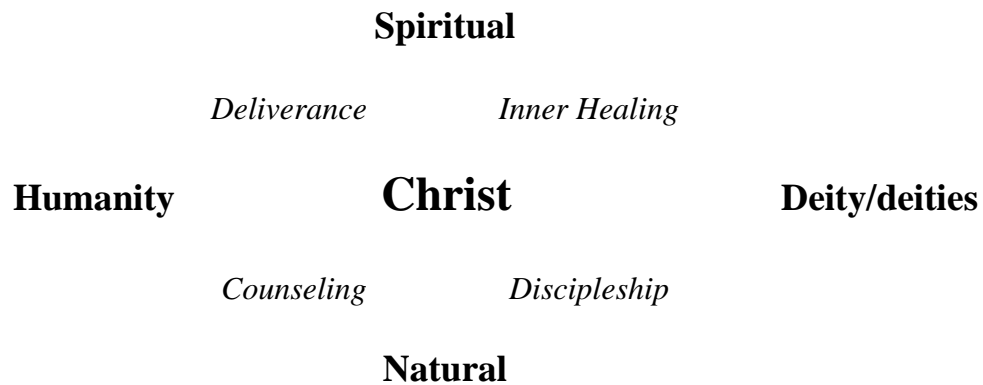
1. Satan is the ruler (archon) of this world (Jn. 12:31; 14:30; 16:11)
2. His knowledge of the future is limited
3. Demonic rulers are facing an impending doom
4. Demonic rulers are involved in the affairs of life by working through people

“The devil, however, as he is the apostate angel, can only go to this length, as he did at the beginning, to deceive and lead astray the mind of men into disobeying the commandments of God, and gradually to darken their hearts.”
Irenaeus, *Against Heresies* V. 24.3

D. Ignorance and Arrogance mark those furthest from Christ



E. Diverse Attempts At Resolving Personal and Spiritual Conflicts



The Spirit clearly says that in later times some will abandon the faith and follow deceiving spirits and things taught by demons.

1 Timothy 4:1

Overcoming Legalism

Galatians 3:11

Lesson Objective: To understand the gospel of grace in order to live by faith as liberated children of God.

A. The Whole Gospel (Col. 2:13-15)

1. Forgiven (Rom. 8:1,2)
2. Eternal Life (Jn. 10:10; 1 Jn. 5:11,12)
3. Disarming of Satan (1 Jn. 3:8)

B. Identity “in Christ” (Jn. 1:12)

1. Children of God (Rom. 8:16; 1 Jn. 3:1-3)
2. Paul’s theology (Col. 2:6-10; 1 Cor. 4:17)
3. John’s theology (1 Jn. 2:12-14)
4. Transferred (Col. 1:13)
5. Transformed (Rom. 12:2)

C. Word of God (Heb. 4:12,13; 2 Tim. 3:16,17)

1. Living
2. Profitable for:
 - Teaching (doctrine)
 - Reproof
 - Correction
 - Training in Righteousness

Texts: *Victory Over the Darkness*, Anderson, Bethany House

Grace That Breaks the Chains, Anderson, Miller, Travis, Bethany House

“In Christ”

I am Accepted:

Jn. 1:12	I am God's child
Jn. 15:15	I am Jesus' chosen friend
Rom. 5:1	I have peace with God having been justified
1Cor. 6:17	I am united with the Lord and one with Him in spirit
1Cor. 6:20	I have been bought with a price-I belong to God
1Cor. 12:27	I am a member of Christ's body
Eph. 1:1	I am a saint
Eph. 1:5	I have been adopted as God's child
Eph. 2:18	I have direct access to God through the Holy Spirit
Col. 1:14	I have been redeemed and forgiven of all my sins
Col. 2:10	I am complete in Christ

I am secure:

Rom. 8:1,2	I am free condemnation
Rom. 8:28	I am assured that all things work together for good
Rom. 8:31f	I am free from any condemning charges against me
Rom. 8:35f	I cannot be separated from the love of God
2Cor. 1:21	I have been established, anointed, and sealed by God
Col. 3:3	I am hidden with Christ in God
Phil. 1:6	I am sure that the good work that God has begun in me will be finished
Phil. 3:20	I am a citizen of heaven
2Tim. 1:7	I have not been given a spirit of fear, but of power, love, and a sound mind
Heb. 4:16	I can find grace and mercy in time of need
1Jn. 5:18	I am born of God and the evil one cannot touch me

I am significant:

Matt. 5:13	I am the salt and the light of the world
Jn. 15:5	I am joined to Christ and able to bear fruit
Jn. 15:16	I have been chosen by Jesus to bear fruit
Acts 1:8	I am a personal witness of Christ's
1Cor. 3:16	I am a temple of God where the Holy Spirit dwells
2Cor. 5:18,20	I am an ambassador for Christ who gave me the minister of reconciliation
2Cor. 6:1	I am God's co-worker
Eph. 2:6	I am seated with Christ in the heavenlies
Eph. 2:10	I am God's workmanship
Eph. 3:12	I may approach God with freedom and confidence
Phil. 4:13	I can do all things through Christ who strengthens me

Text: *Who I Am In Christ*, Anderson, Bethany House

Overcoming Liberalism

Col. 2:6-10

Lesson Objective: To understand how general and special revelation enable us to overcome psychosomatic illness through the integration of psychology and theology.

A. General Revelation and Special Revelation (Ps. 19)

1. General Revelation thru Empirical Research
2. Special Revelation thru Exegesis
3. Bible is Authoritative
4. Nature is Illustrative
5. God's Word Explains the Natural
6. Uncompromising faith (Matt. 5:17-19)

B. Psychosomatic Illnesses

1. Cognitive Behavioral Therapy
2. Anger (Eph. 4:25-32)
Text: *Managing Your Anger*, Anderson, Harvest House
3. Anxiety Disorders (1 Pet. 5:6-9; Prov. 9:10) Text: *Letting Go of Fear*
Text: *Letting Go of Fear*, Anderson, Miller, Harvest House
4. Depression (Ps. 42:5)
Text: *Overcoming Depression*, Anderson, Bethany House

C. Sexual Addiction (Rom. 6:1-14)

1. United with Christ (Rom. 6:1-10)
2. Use of our bodies (Rom. 6:11-14)
3. Bodies are members of Christ (1 Cor. 6:15,17)
4. Joining to a prostitute (1 Cor. 6:16)
5. Submit our bodies then renew the mind (Rom. 12:1,2)
Text: *Winning the Battle Within*, Anderson, Harvest House

D. Chemical Addiction (2 Pet. 2:19)

1. Not a disease
2. Not an addict or co-dependent, etc.
3. Multiple diagnosis
4. Abstinence is not the goal
5. Programs don't set people free
Text: *Overcoming Addictive Behavior*, Anderson, Bethany House

Overcoming False Prophets and Teachers

2 Peter 2:1-10

Lesson Objective: To identify false prophets and teachers and understand the power and authority that believers have over the kingdom of darkness enabling them to set captives free.

A. Kingdoms in Conflict (Col. 1:13)

1. Night Terrors (Job 4:12-19)
2. Wheat and the Tares (Matt. 13:24-30; 36-43)
3. True Prophets (2 Cor. 12:12; Heb. 2:4)
4. False Prophets (Jer. 23:21-32)
 - Lawless (Matt. 7:21-23; 24:12)
 - Mislead thru signs and wonders (Matt. 24:24)
 - Disguised (2 Cor. 11:13-15)
 - Sensual (2 Pet. 2:2)
 - Greedy (2 Pet. 2:3)
 - Rebellious (2 Pet. 2:10)

B. Conferring Authority and Power (Lu. 9,10)

1. Great Commission (Matt. 28:18-20)
2. Authority is the right to rule (Eph. 1:20-23)
3. Power is the ability to rule (Eph. 1: 17-19)

C. Armor of God (Eph. 6:10-18)

D. Truth Encounter (2 Tim. 2:24-26)

Text: *The Bondage Breaker*, Anderson, Harvest House

Overcoming Spiritism

Isaiah 8:19,20

Lesson Objective: To understand how spiritual forces keep the world in bondage to the evil one, and negatively affect the Church so God's children can be alerted to the dangers and set free.

A. Spiritism Condemned (Deut. 18: 9-11)

1. Consulting the dead (crossing over)
2. Psychics (mediums and spiritists)
3. Signs and Wonders come true (Deut. 13:1-9)

B. Deceiving Spirits (1 Tim. 4:1)

1. Take every thought (noema) captive (2 Cor. 10:5)
2. Satan's schemes (noema) (2 Cor. 2:10,11)
3. Satan blinds the minds (noema) of unbelievers (2 Cor. 4:3,4)
4. Minds (noema) led astray (2 Cor. 11:3)

C. Discernment (Heb. 5:12-14)

D. Inner Healing (Ps. 51)

1. Despise not prophetic utterances (1 Thess. 5:19-21)
2. "My sheep hear my voice" (Jn. 10:27)
3. Led by the Spirit (Rom. 8:14)
4. Live by the Spirit (Gal. 5:16)

Role Responsibilities

Lesson Objective: To understand the role relationships and responsibilities of God, the encourager, and the inquirer, so we can be most effective in helping others.

A. Sovereignty and Free Will

Human Responsibility / God's Sovereignty

B. Balancing responsibilities

God

Encourager Inquirer

C. The Sovereign Role of God

1. He is the Wonderful Counselor (Is. 9:6)
2. He will convict the world of sin, righteousness, and judgment (Jn. 16:8-11)
3. Apart from Christ, we can do nothing of lasting consequence (Jn. 15:5)

D. The responsibility of inquirers (James 5:13-16)

1. Initially they must pray (vs. 13)
2. They must take the initiative (vs. 14)
3. They must whole heartedly agree with God (vs. 16)

E. The responsibility of the encourager (2 Timothy 2:24-26)

1. Dependent upon God
2. Not quarrelsome
3. Kind
4. Able to teach
5. Patient
6. Gentle

Text: *Discipleship Counseling*, Anderson, Bethany House

Research Results

The Steps To Freedom in Christ (Steps) is a repentance process facilitated by a trained encourager, enabled by God's presence that resolves personal and spiritual conflicts. Judith King, a Christian therapist, conducted three pilot studies on participants who attended a *Living Free in Christ* conference and were led through the Steps during the conference.

The first study involved 30 participants who took a 10-item questionnaire before completing the steps. The questionnaire was re-administered three months after their participation. The questionnaire assessed for levels of depression, anxiety, inner conflict, tormenting thoughts, and addictive behaviors. The second and third study involved 55 and 21 participants who took a 12-item questionnaire before completing the Steps and were then re-administered three months later. The following table illustrates the percentage of improvement:

	<u>Depression</u>	<u>Anxiety</u>	<u>Inner Conflict</u>	<u>Tormenting Thoughts</u>	<u>Addictive Behavior</u>
Pilot Study 1	64%	58%	63%	82%	52%
Pilot Study 2	47%	44%	51%	58%	43%
Pilot Study 3	52%	47%	48%	57%	39%

Research was conducted at Tyler and Oklahoma City conferences by a doctoral student at Regent University under the supervision of Dr. Garzon. A personal session was offered those who couldn't process the Steps on their own with a trained encourager. They were given a pre-test before a Step session and a post-test three months later with the following results given in percentage of improvement:

	Oklahoma City, OK	Tyler, TX
Depression	44%	52%
Anxiety	45%	44%
Fear	48%	49%
Anger	36%	55%
Tormenting Thoughts	51%	27%
Negative Habits	48%	43%
Sense of Self-Worth	52%	40%

Freedom in Christ Ministries

9051 Executive Park Drive, STE. 503

Knoxville, Tennessee, 37923

(865) 342-4000

Website: www.ficm.org and www.freedominchrist.org. Email: info@ficm.org